

Home Based Care for Young Child (HBYC)

Strengthening of Health and Nutrition through Home visits

Do you know?

Exclusive breastfeeding for first six months satisfies all the nutrition needs of your baby



First visit

at 3 months



Second visit

at 6 months



Third visit

at 9 months



Fourth visit

at 12 months



Fifth visit

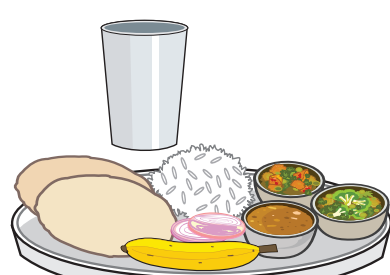
at 15 months



ASHA TO CHECK AND COUNSEL THE FAMILY TO ENSURE:



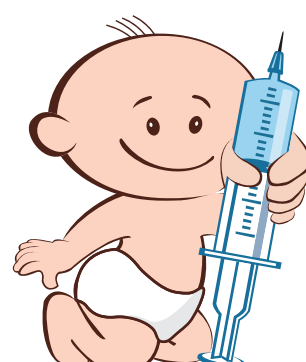
Mother to exclusively breastfeed till 6 months



Mother receives adequate diet



Use of MCP card for regular monitoring of child's growth & development



Child receives timely vaccination



Age appropriate play and communication



Handwashing using soap by all care givers

CONTINUE BREASTFEEDING EVEN IF CHILD IS SICK. IT HELPS IN FAST RECOVERY

Under JSSK, free treatment and referral for sick children up-to one year of age